



AYA Newsletter



What's in this month's issue:

- AYA Event
- AYA Scholarship
- Helpful Resources

SPECIAL LISTEN



<https://podcasts.apple.com/au/podcast/the-cancer-patient-podcast>

A podcast for cancer patients, by cancer patients. The Cancer Patient Podcast dives into the real side of cancer. We'll provide information, validation, and connection with a side of laughter, sarcasm, and wit

Helpful Resources



**GILDA'S CLUB
GREATER TORONTO**

An Affiliate of the
CANCER SUPPORT COMMUNITY

<https://www.gildasclubtoronto.org/event/education-session-what-shapes-our-relationship-with-illness-dying-and-death>

Education Session | What Shapes our Relationship with Illness, Dying, and Death

Date: August 10th 2022

Time: 1-2pm

Join us to learn from subject matter experts on a variety of topics that impact individuals with cancer-related stress.

Date: August 6th 2022

Sign up to ride in Muskoka's premiere cycling and fundraising event.

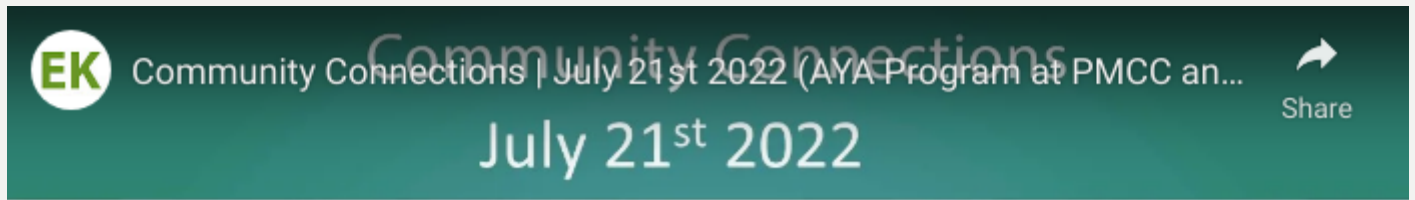
With the backdrop of beautiful Muskoka inspiring us and The Princess Margaret's mission to conquer cancer in our lifetime uniting us, let's make the most of this year's Northern Pass on August 6.



THE PRINCESS MARGARET
**NORTHERN
PASS** TO CONQUER
CANCER

<https://supportthepmcf.ca/ui/NP22/pledge/registration/start>

Helpful Resources



youtube.com/ellicsrkitchen

In this video, you will learn more about our AYA program at Princess Margaret and you will hear from Marie-Michelle Paradis, the therapeutic adventure facilitator for the Tip of the Toes Foundation. This will then be followed by a cooking demo led by Jeremy Capone, the wellness chef at ELLICSR



Adolescent and
Young Adult Program

END OF SUMMER AYA KICK-OFF

TENTATIVE DATE

**SUNDAY 28 AUGUST
12-3PM**

FOOD | BOOTHS | SWAG | GAMES

.....

**Sherwood Park
190 Sherwood Ave, Toronto, ON M4P 2A8
Meet By The Picnic Tables**

Reach out to aya@uhn.ca to RSVP

**ALL ATTENDEES WILL BE SCREENED FOR COVID-19
SYMPTOMS UPON ARRIVAL TO ENSURE THE SAFETY OF
ALL PARTICIPANTS.**



Adolescent And Young Adult (AYA) Scholarship

About the Scholarship

The AYA Scholarship is a program established through the Princess Margaret Cancer Centre to support post-secondary education.

This program grants scholarships of \$1000 each to 10 individuals affected by cancer.

Scholarships will be transferred directly to the post-secondary institution.

**All applications
must be
submitted to
aya@uhn.ca by
August 31, 2022**

Eligibility Criteria

1. Diagnosed with cancer above age 18
2. Be an Ontario resident enrolled in a post-secondary institution in the 2022-2023 academic year
3. Submit note from healthcare team to confirm cancer diagnosis

Please submit a letter of intent:
(max 500 words)

1. Introduce yourself
2. How AYA scholarship will help achieve your short and long term goals



aya@uhn.ca



[@ayaprogram](https://www.instagram.com/ayaprogram)



EXPECT MIRACLES
FOUNDATION

+



the samfund



FALL 2022 GRANT APPLICATION



CLOSES AUG 4!

bit.ly/fall2022emfgrant

Expect Miracles Foundation's Samfund Grants program provides financial assistance in the form of grants to young adult cancer survivors.

<https://www.expectmiraclesfoundation.org/samfund-grants>