

# AYA NEWSLETTER

## Next AYA Meetup

**Date/time:** July 22nd,  
2021 6-7:30pm

Join us on the 4th  
Thursday of every month  
to chat and connect with  
other AYAs!

Please email [aya@uhn.ca](mailto:aya@uhn.ca)  
to register and to receive  
the meeting link.

## Let's stay connected!

1. [https://  
www.instagram.com/  
ayaprogram/](https://www.instagram.com/ayaprogram/)
2. [https://  
www.facebook.com/  
ayaprogram/](https://www.facebook.com/ayaprogram/)
3. [https://twitter.com/  
ayaprogram](https://twitter.com/ayaprogram)



## Happy Pride Month!

The AYA program is a proud ally of the LGBTQI2S+ community. We believe that everyone, regardless of their sexual orientation deserves to have a safe and supportive environment. Not just this month, but every month we celebrate love, acceptance and equality.

We see you, we celebrate you, we support you.

-PMH AYA Team

**Are you a family member (e.g., spouse, parent, child, or sibling) of an adult cancer patient (18 & older) receiving follow-up care at PMH and who completed cancer treatment?**

.....

Do you worry about your loved one's cancer coming back or progressing or about anyone else in your family getting cancer?

We are inviting family members 18 years of age or older to complete a demographic questionnaire and take part in a focus group that will last approximately 90 minutes. The ultimate goal of this study is to better understand a family caregiver's experiences with fear of cancer recurrence.

If interested, please contact Jonathan Avery at Email: **jonathan.avery@uhn.ca**.

*\*Please note that communication via email is absolutely not secure. Thus, please do not communicate personal sensitive information via e-mail.*

## Welcome Jennifer, our new AYA CNS!



Jennifer Catsburg began her nursing career at Princess Margaret Cancer Centre (PM) in 2011 and has proudly been a staff Nurse in several different departments including leukemia, lymphoma, and solid tumor inpatient units as well as most recently in the gynecology oncology outpatient clinic.

Jennifer completed her Master of Nursing at the University of Toronto and is excited to start as the Clinical Nurse Specialist for the Adolescent and Young Adult (AYA) program, a patient population for which she has had a passion throughout her nursing career.

In her spare time she enjoys yoga, baking, and family life with her husband and two young daughters.

*"It is a privilege to support our AYA patients along their journey- please reach out to aya@uhn.ca anytime, we are here for you and your families".*

-Jennifer

## UPCOMING EVENTS

**Music Meet-up** - A music therapy group for young people with cancer (ages 18-39)

No previous music experience is required!

Music Meet-Up is a 6-week session group program specifically offered to support young people dealing with challenges that come with having a cancer diagnosis and its treatment. Each weekly session is centred on a specific theme and includes music-based activities and development of coping skills. Participants should be well enough and willing to attend all 6 weekly, 1 hour sessions. There is no fee for this program!

**When:** Wednesdays, July 14-August 18 2021 from 11AM-12:00PM

**Where:** Online, via MS Teams

**Facilitated by:** Drs. Chana Korenblum & SarahRose Black

To register, ask your team to request a referral form from [musicmeetup@uhn.ca](mailto:musicmeetup@uhn.ca)

Questions? Email: [musicmeetup@uhn.ca](mailto:musicmeetup@uhn.ca)

