

# Stroke Prevention Services: The Next Step in Your Care

## For patients who were referred to the Ambulatory Stroke Prevention Services at Toronto Western Hospital

You were seen by the health care team in the Emergency Department because you may have had a TIA or a stroke. They referred you to the Stroke Program at Toronto Western Hospital (TWH) where you will work with a team of experts in stroke prevention and care. You will receive the care, education and support you need to prevent a future stroke.

A member of the stroke team will assess your referral. Depending on your needs, you will be assigned to either the TIA and Minor Stroke (TAMS) Unit or the Stroke Prevention Clinic (SPC). They will phone you or send you a letter with the appointment date and time.

### The TIA and Minor Stroke (TAMS) Unit

- A day unit for people who have a higher risk of stroke.
- Provides assessment and treatment by a team of health care professionals.
- Appointment will take 2 to 6 hours depending on tests and imaging needed.

If you are assigned to the TAMS Unit, you may receive a call from the Stroke Nurse Practitioner after leaving the emergency department to talk with you about your symptoms and to determine what the next steps are in your care.

**TAMS Unit:** Toronto Western Hospital, 399 Bathurst St.  
Fell Pavilion – 6th floor (Room 6FP – 181)  
Take Fell elevators to the 6th floor and check-in at the TAMS Unit

**Hours:** 7 days a week (except statutory holidays), 8:00 am – 4:00 pm

**Phone:** 416 603 5800 ext. 2144



## The Stroke Prevention Clinic (SPC)

- An outpatient clinic for people who had a stroke or are at risk of having a stroke.
- Provides assessment, education and support.
- Your appointment can take up to 2 hours because several of our staff may be involved in your care.

If you are assigned to the SPC, a member of the stroke team will phone you or send you a letter within a few days of leaving the hospital with an appointment date and time.

SPC	Toronto Western Hospital, 399 Bathurst St. West Wing – 5th floor Take West Wing Elevators to the 5th floor and check-in at the Neurology Reception
Hours:	Mondays, Tuesdays and Thursdays 1:00 pm – 5:00 pm, Wednesdays and Fridays 9:00 am – 1:00 pm
Phone:	For appointment information 416 603 5413 For questions about your health 416 603 5800 ext. 2073

## What to bring to your visit at TAMS Unit or SPC:

- ✓ Your Ontario Health Card (OHIP). If you do not have an OHIP card, please bring another form of government-issued photo ID (such as a driver's license, passport, or other provincial health card).
- ✓ A current list of medications and other health forms.

<b>Call 911 right away if you notice any of these signs of stroke. Stroke is a medical emergency.</b>	
FACE	Is it drooping?
ARMS	Can you raise both?
SPEECH	Is it slurred or jumbled?
TIME	To call 9-1-1 right away

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