



University Health Network  
Toronto General Hospital

**Motility**  
10<sup>th</sup> Floor/Gastro clinic/Motility Lab  
200 Elizabeth St. Toronto, ON  
Tel: 416 340-3234 or 3901  
Fax: 416 340-3681

## Referral Form for Esophageal Manometry

**Patient Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Sex:** M/F      **DOB (D/M/Y):** \_\_\_\_\_

**Referring Doctor:** \_\_\_\_\_

**Phone #** \_\_\_\_\_ **Fax#** \_\_\_\_\_

**Family Doctor:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Patient demography: address,  
phone#, OHIP, MRN (if known)

**PRIMARY REASON FOR REFERRAL:**

Pre-fundoplication _____	Proven GERD poor Rx response _____
Post-fundoplication _____	Atypical GERD _____
Dysphagia/Odynophagia _____	Respiratory _____
NCCP _____	Globus _____
Systemic Disease _____	
Other: _____	

**Primary Symptoms:** \_\_\_\_\_

**Background and related symptoms:** \_\_\_\_\_

**Specific question being asked:** \_\_\_\_\_

(For external use only)



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## **Patient Information for Esophageal Manometry**

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**Appointments:** Date: \_\_\_\_\_ Time: \_\_\_\_\_

### **PREPARATION FOR THE TEST**

1. Medications: Stay on any medication you are on.
2. You must not have anything to eat or drink for at least 6 hours before the test. (If test is in the morning, fast from midnight. If test in the afternoon, you have a “light” breakfast of juice/tea/toast prior to 8 am.
3. Please bring a list of all medications you take or have taken in the last month.
4. You may have sips of water to take your regular medications the morning of the test. (such as heart, blood pressure, asthma, and thyroid pills. If you have diabetes, consult your physician.

### **THE DAY OF YOUR TEST**

- Come to the Toronto General hospital.... then go up to the 10<sup>th</sup> floor (NU wing) and report to the receptionist. He/she will inform the nurse upon your arrival.
- A small tube will be inserted down your nose into your esophagus (food tube) then connected to a small computer. You will then be asked to swallow small quantities of water and the resulting motor activities of the muscles of your esophagus will be assessed. Additional procedures may also be performed, if requested.
- As no sedation is used, you may drive yourself home or take public transit or you can bring along someone.