

Mesothelioma



PMH

Guide to Finding Information

WEBSITES

Asbestos: Occupational Health Clinics for Ontario Workers

<http://www.ohcow.on.ca/resources/handouts.html>

Printable asbestos handout outlining its uses, hazards and safe handling. Local Occupational Health Clinics are also listed.

What is Pleural Mesothelioma?

Canadian Cancer Society

<http://www.cancer.ca>

Signs and symptoms, diagnosis and treatment - from a Canadian perspective.

Mesothelioma: Q&A- National Cancer Institute

http://cis.nci.nih.gov/fact/6_36.htm

Covering basic anatomy questions, occurrence rates, risk factors, diagnosis and treatment.

Asbestos Exposure: Q&A -National Cancer Institute

http://cis.nci.nih.gov/fact/3_21.htm

Explains the risks of exposure and provides links to protection and legal agencies.

Mesothelioma (malignant) MedlinePLUS

www.nlm.nih.gov/medlineplus/ency/article/000115.htm

These MedlinePLUS entries include basic information and detailed illustrations of the respiratory system.

Mesothelioma (benign-fibrous) MedlinePLUS

www.nlm.nih.gov/medlineplus/ency/article/000116.htm

This information is to be used for informational purposes only and is not intended as a substitute for professional medical advice, diagnosis or treatment. Please consult your health care provider for advice about a specific medical condition. A single copy of these materials may be reprinted for non-commercial personal use only.

© 2003 University Health Network. All rights reserved.

Author: M. Arbuckle

Created: 08/2004

Form: D-5009



Mesothelioma: Virtual Hospital

<http://www.vh.org/adult/provider/radiology/LungTumors/Mesothelioma/Text/MesoIntro.html>

Information from of a more clinical level, focusing in-depth on treatment options and new therapeutic modalities.

Mesothelioma : what is it? - Mesothelioma information and resource group

<http://www.mirg.org/meso/index.html>

It is the aim of this group to provide information about the disease, its causes, its treatment and its personal and legal impact. While this site is backed by the American Cancer Society it is supported by a Massachusetts law firm.

Mesothelioma Essentials

<http://www.mesolung.com/>

Supported by ALCASE U.S., information includes clinical trial listings, support and discussion groups and recommended resources.

Biomed Image Archive - Mesothelioma

<http://www.brisbio.ac.uk/ROADS/subject-listing/mesothelioma.html>

A collection of medical laboratory teaching images of various types of mesothelioma.

Cancer Research UK

<http://www.cancerhelp.org.uk/help/default.asp?page=4388>

Extensive resources on diagnosing, treating and living with mesothelioma. A UK site.

BOOKS

Betty Crocker's Living with Cancer Cookbook / Kris Ghosh, Hungry Minds, 2001.

Cancer : 50 essential things to do after diagnosis / Greg Anderson, Penguin Books, 1999.

The Chemotherapy and Radiation Survival Guide : information, suggestions and support to help you get through treatment / Judith McKay, New Harbinger Pubs., 1998.

Diagnosis Cancer: your guide to the first months of healthy survivorship / Wendy Schlessel Harpham, W.W. Norton & Co., 2003.

In Mommy's Garden: a book to help explain cancer to young children / Neyal J. Ammary, Canyon Beach, 2004.

Evaluating Health Information on the Web

1. Authors

- Who is in charge of the contents of the site? A doctor? A company? An organization? A cancer survivor? etc.
- Is the author's background clearly stated? Is it well known and reliable? e.g.: the Canadian Cancer Society

2. Nature of the Content

- Is data provided to support a specific treatment or course of action e.g. a research study?
- Are all sides of the issue given, or if not, is that fact made clear?
- Be careful when a site promises "amazing results", or "secret cures", or if they ask you for money.

3. Dates

- Is there a date to show when the website was made and/or updated?
- Is the site often updated to reflect current changes e.g.: new treatments?

4. Disclosure

- Is the author's interest and/or purpose made clear?
- Does the site list the contact information (more than just email), such as a phone number and address and is this information easily found.

5. Warnings

- Does the site clearly state that health information should not be taken as health advice or replace a visit to your doctor?

**The materials listed in this pamphlet are accessible through the
Patient & Family Library**

We are located on the main floor of the Princess Margaret Hospital

To contact the library please call (416) 946-450 ext. 5383

patienteducationpmh@uhn.on.ca