

# Heart, Stroke, & Circulation

## Heart Attack

### **Heart attack - DVD (50 min.)**

Discovery Health Channel -- Taipei, TW : King's International Multimedia, 2005.  
(Body invaders - Discovery Health Channel)

Coronary artery disease / Heart diseases.

DVD can be played in Chinese or English with Chinese and English subtitles.

### **Life after heart attack – DVD (30 min.)**

Information Television Network -- Boca Raton, FL : Information Television Network, 2006.

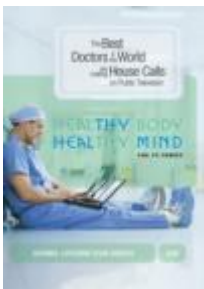
Part of the award winning public television series Healthy Body/Healthy Mind.

"Life After a Heart Attack" explains what every man and woman needs to know in order to recognize the signs of a heart attack - which can differ between men and women - so early and critical medical intervention can be done to minimize the damage. Heart attack sufferers have their lives unexpectedly changed. But through determination, targeted medications and lifestyle modifications they can return to a productive life.

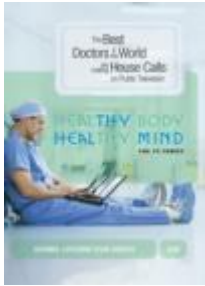
### **Post heart attack / heart failure – DVD (30 min.)**

Information Television Network -- Boca Raton, FL : Information Television Network, 2006.

Part of the award winning public television series Healthy Body/Healthy Mind.



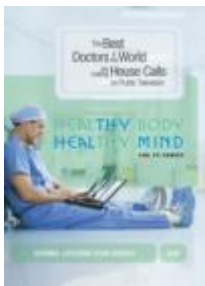
# Heart Disease



## **Angina – DVD (30 min.)**

Information Television Network -- Boca Raton, FL : Information Television Network, 2006.

Part of the award winning public television series Healthy Body/Healthy Mind.



## **Angina - new ways to treat chronic chest pain – DVD (30 min.)**

Information Television Network, 2010.

Part of the award winning public television series Healthy Body/Healthy Mind

## **Coronary artery disease – Video (30 min.)**

Time Life Medical -- New York, NY: Patient Education Media, 1996.  
(At time of diagnosis)



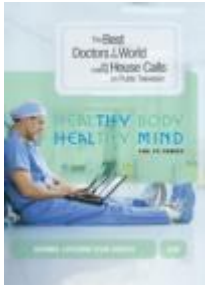
## **Heart disease – DVD (30 min.)**

Information Television Network -- Boca Raton, FL : Information Television Network, 2006.

Part of the award winning public television series Healthy Body/Healthy Mind.

## **Heart disease summary segments – Video (4 videocassettes)**

Toronto, ON: Heart and Stroke Foundation of Canada.  
(Heart & stroke health show)



### **Heart rhythms - arrhythmia - DVD (30 min.)**

Information Television Network -- Boca Raton, FL : Information Television Network, 2006.

Part of the award winning public television series Healthy Body/Healthy Mind.

This program explores the cause of arrhythmias and the different treatment options available.

### **Exercise for heart failure patients – Video (14 min.)**

Timonium, MD : Medical Audio Visual Communications, 1998.  
(Living with heart failure series)

### **Nutrition for heart failure patients – Video (14 min.)**

Timonium, MD : Medical Audio Visual Communications, 1998.  
(Living with heart failure series)

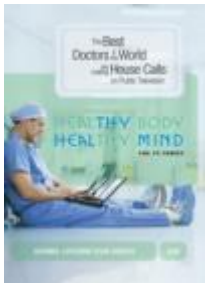
Healthcare professionals and patients stress the importance of complying with the nutritional component of the treatment plan. The video explains how patients realistically can restrict the sodium in their diet below 2,000 mg./day and manage their fluid intake. Patients are shown working with a dietician to achieve these goals. Tips on reading food labels and dining out are also discussed.

### **PAD: peripheral arterial disease – DVD (30 min.)**

Information Television Network -- Boca Raton, FL : Information Television Network, 2006.

Part of the award winning public television series Healthy Body/Healthy Mind.

This program raises awareness of PAD and simple diagnostic testing. If detected in the early stages, patients can be treated successfully and once again, live their lives pain free.





**In-house use only**

**The mysterious human heart – DVD (3 discs, 1 hr each)**

David Grubin -- New York, NY: Ambrose Video, 2007.

**Episode 1** : "Endlessly beating" examines the heart as a muscle and tells the story of the normal heart through the histories of three people with end-stage heart failure, where a transplant is often a necessity -- **Episode 2** : "The spark of life" looks at the physiological electrical mechanisms that keep a heart beating regularly and efficiently and what happens when this rhythm of life goes awry. The program takes viewers into the lives of patients who suffer similar symptoms that signal different disorders and the range of treatment options -- **Episode 3** : "The silent killer" focuses on atherosclerosis, risk factors and treatment options for this disease.

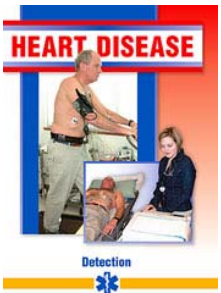


**In-house use only**

**Heart disease & women : awareness & treatment – DVD (2 discs, 95 min. in total)**

Boulder, CO : Apogee Communications Group, 2006.

This program tells the stories of three healthy, active women who survived heart attacks and a stroke and also talks about prevention, detection, and treatment of heart disease.

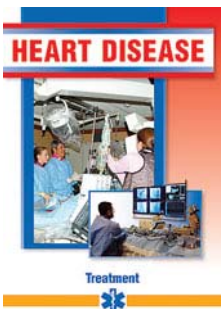


**In-house use only**

**Heart disease – detection – DVD (78 min.)**

Boulder, CO : Apogee Communications Group, 2006.

This program will inform you about diagnostic tests for heart disease and who should be tested. Cardiologists explain tests ranging from blood tests for the general public, to calcium scoring for people with and without risk factors for heart disease.



**In-house use only**

**Heart disease – treatment DVD (2 discs, 178 min. in total)**

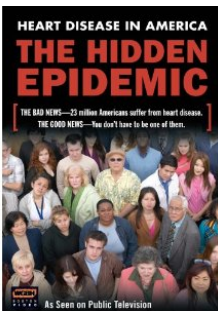
Boulder, CO : Apogee Communications Group, 2006.

This program takes the viewer from pre-hospital care to the emergency room, cardiac catheterization lab, to the open heart surgery suite. Cardiac stenting, pacemaker and implantable defibrillator procedures, along with by-pass and valve replacement surgery, are shown.

## **Get heart smart! Get informed! – DVD (60 min.)**

[Pfizer], 2008

This video discusses risk factors of heart disease and stroke such as high blood pressure, high cholesterol, obesity, smoking, etc. Explains what is happening when some common heart diseases occur.



## **Heart Disease in America: the hidden epidemic – DVD (116 min.)**

Boston, MA -- WGBH Educational Foundation, 2008

# High Blood Pressure

## **High blood pressure – Video (30 min.)**

Time Life Medical -- New York, NY : Patient Education Media, 1996.  
(At time of diagnosis)



## **Mayo Clinic wellness solutions for high blood pressure – DVD (93 min.)**

GAIAM, 2007.

Contents: Part 1. Understanding your condition -- Part 2. Eat well to feel well -- Part 3. Soothing therapies.. Mayo Clinic "My stress solutions" 52-page booklet included.



## **Pulmonary arterial hypertension : new treatments and new options – DVD (30 min.)**

Information Television Network, 2010

Part of the award winning public television series Healthy Body/Healthy Mind

# Stroke

## **Stroke – Video (2 tapes – 60 min. each)**

Toronto, ON : Heart and Stroke Foundation of Canada.  
(Heart & stroke health show)

Tape 1: Segment topics include: aphasia, warning signs, aneurysm, rehab, memory loss, neurosurgery, high blood pressure, types, compliance, aphasia, yoga, augmentative & alternative communications, T-PA, types, neurological exam, MRI, CT Scan, love, sex, incontinence etc.

Tape 2: Segment topics include: pediatric stroke, MRI, warning signs, low-molecular weight heparin, neurological exam, rehab-physiotherapy, speech therapy, occupational therapy, aphasia, dysphagia, pregnancy, high blood pressure, warning signs, antiphospholipid antibody syndrome, CT scan, warning signs, neurological exam, family history, internet, health information, angiogram, aneurysm, neurosurgery, coiling, stress, complementary medicine, tai chi, PSA etc.

## **Tips and tools for stroke caregivers - Video**

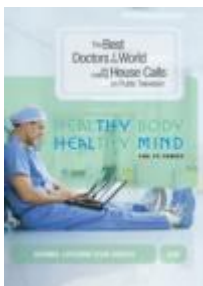
Toronto, ON -- Heart and Stroke Foundation, 2005.

## **Understanding stroke – DVD (30 min.)**

Information Television Network -- Boca Raton, FL : Information Television Network, 2006.

Part of the award winning public television series Healthy Body/Healthy Mind.

This program takes a look at the warning signs of stroke, shows what factors can increase a person's risk, and underscores the importance of getting to the hospital as soon as possible after a stroke has occurred.



# Heart Health

## **Healthy heart: a complete workout for better living** – Video (75 min.)

Time Life Medical.

Learn more about heart health and the benefits of exercise and get important tips for getting the most out of your workout.



## **Mayo Clinic wellness solutions for heart health – DVD (95 min.)**

GAIAM, 2007.

Contents: Part 1. Understanding your condition -- Part 2. Eat well to feel well -- Part 3. Soothing therapies.. Mayo Clinic "My stress solutions" 52-page booklet included.



## **In-house use only**

## **Heart disease – prevention – DVD (2 discs, 132 min in total)**

Boulder, CO : Apogee Communications Group, 2006.

This program talks about risk factors for heart disease and how it can be prevented.