

Patient & Family Library
病人及家屬圖書館



Chinese Resources
中文資訊目錄

Women's Health (女性健康)
Pregnancy & Childbirth (懷孕及生育)

Books 書籍

Beginning life / Geraldine Lux Flanagan -- Hong Kong : Wan Li Book, 1997.
(生命孕育的奧秘)

Breast cancer and diseases Q & A / Wong, Kwok-chung. -- Taipei, TW: 1999.
(乳癌與乳房疾病 Q & A)

Breast cancer: the complete guide / Peter Pressman -- Taipei, TW : 2001. (乳癌全書)

Childbirth / Elizabeth Fenwick -- Hong Kong : Wan Li Book, 1997. (嬰兒誕生)

The complete book of mother and baby care / Elizabeth Fenwick -- Hong Kon: Wan Li Book, 2000. (新一代媽媽寶寶護理大全)

Complete handbook for moms-to-be - Chinese -- Shanghai, CN: Shanghai Popular Science Press, 2008. (孕媽媽完全手冊)

Diet therapy during menopause - Chinese / Cheung, Kwan-sheung; Woo, Lai-mui. -- Hong Kong: Wan Li Book, 2010. (更年期食療)

Early discovery to women's diseases -- / Shek, Yat-lei. -- Zhejiang, CN: Zhejiang Science & Technology Publishing, 2000. (女性疾病早發現)

Fit and nutrient recipes for new women: recipes designed by dietitians and chef / Tseung Kwan O Hospital -- Hong Kong : Ming Pao Publishing, 2007. (至 FIT 至營新女性)

Healthy pregnancy encyclopedia - Chinese / Hung, Tai-woo. -- Taipei, TW: Taiwan Mansion Books, 2010. (健康懷孕百科)

Immigrant women's health handbook - Chinese / Immigrant Women's Health Centre. -- Toronto, ON: Immigrant Women's Health Centre, 2006. (移民婦女健康手冊)

Keep fit and nutritious recipes for women / Soo-san Chung -- Hong Kong : Ming Pao Publishing, 1999. (女性 keep fit 與營養食譜)

Menopause – Chinese / Family Planning Association of Hong Kong. -- Hong Kong: Cosmos Books, 2008. (更年期)

Menstruation 100 questions and answers - Chinese -- Taipei, TW: Sun Color Taiwan, 2007. (生理期調養100招)

Natural alternatives to HRT / Marilyn Glenville -- Taipei, TW : Gin-May Publishing, 1999. (更年期自然調理法)

Nutritious recipes for women – Chinese / So, Yuen-yuen. -- Hong Kong: Arcadia Press, 2010. (雅妍精薈：婦女養生篇)

Pap smear test to detect cancer of the cervix / National Cancer Institute of Canada. (子宮頸抹片檢查)

Perinatal soups - Hong Kong: Eugene International, 2001. (產前產後湯水)

The pregnancy book: a month by month guide -- Taipei, TW. (懷孕百科)

The pregnancy exercise book / Judy DiFiore -- Hong Kong : Wan Li Book, 2000. (懷孕健身操)

Prevent depression before and after delivery - Chinese / Lee, Tak Shing. -- Hong Kong: Sing Tao, 2006. (產前產後防抑鬱)

Strong women, strong bone : everything you need to know prevent, treat, and beat osteoporosis / Miriam E. Nelson -- Taipei, TW : 2001. (女性骨質疏鬆症全書)

Understanding cancer of the breast / Hong Kong Cancer Fund -- Hong Kong : Hong Kong

Cancer Fund, 2001. (認識乳癌)

Understanding cancer of the cervix / Hong Kong Cancer Fund -- Hong Kong : Hong Kong Cancer Fund, 2001. (認識子宮頸癌)

What you need to know about cancer of the cervix / National Cancer Institute of Canada. (認識子宮頸癌)

Women's diseases prevention and control / Hong Kong Wellness Society -- Hong Kong : Ming Pao Publishing, 2001. (婦女疾病症防治知多少)

DVDs/Videos 錄像資源

All about women's health - Chinese DVD / Beijing TV. -- Beijing, CN: Chinese Science Culture Media. (女性健康寶典)

Antenatal & postnatal exercises - Chinese VCD / Hong Kong Department of Health. -- Hong Kong: Hong Kong Department of Health (產前產後運動)

Baby's best chance - Cantonese : a video guide for expectant parents / BC Council for Families. -- Vancouver, BC: BC Council for Families.

Breast health – Chinese Video : making the best choices -- Toronto, ON。
(乳房健康：作出最好的選擇)

Breast self-examination guide – Chinese Video (Cantonese) 2000. (自我檢查乳房)

Breast Self-examination guide – Chinese Video (Mandarin) 2000. (自我檢查乳房)