

Instructions Following Lumbar Puncture



UHN

Activities:

There are no restrictions on your activities when you leave the hospital.

Diet:

May resume your normal diet.

Medication:

If you experience a headache you may take two tablets of plain tylenol.

Dressing:

When you leave the hospital you will have a bandaid at the puncture site. You may remove it a few hours later.

Medical Attention:

- If you experience any pain, redness or oozing at the puncture site, please contact your family physician.
- If you experience fever, or if the headache persists after taking two tablets of plain tylenol, please contact your family physician.
- If you experience any weakness, difficulty with bowel or bladder, go to the emergency room of the nearest hospital.

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