

# Outpatient Aneurysm Surgery



TWH

## Discharge Information for Patients

### Pain

- Some patients experience headache or pain at their surgical incision
- After discharge, it is important to take your pain medication as needed

### Medications

- You may receive a prescription for pain management. It is important to have the prescription filled your day of discharge. Take the medication as directed. Please note while on pain medication, you may get constipated therefore should have more water or fibre.
- Unless otherwise directed by your surgeon, please begin all medications that you were taking before your surgery

### How will I manage my head bandage?

- Keep the bandage on for 48 hours
- To remove the dressing, cut and take the bandages off
- You should leave the incision open to air after that. You do not need to cover the incision with a bandage or creams.

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## **When can I shower and wash my hair?**

- You can wash your hair when your bandage comes off
- Pat the wound dry, do not rub
- It is not advisable to soak your head, such as swimming, until after the staples have been removed

## **When do I need to see my Family Doctor?**

- See your family doctor 10-14 days after surgery to remove the staples
- Make an appointment to see you doctor sooner if you notice any redness, swelling or drainage from your wound, or if you need more pain medication

## **What about daily activities?**

- Return to daily living activities when it is comfortable for you
- You can begin to eat and drink as soon as you go home
- It is advised not to drive for a few days
- You can return to work a few weeks after surgery

## **Is there anything else?**

- A friend or family member should stay with you overnight
- Your eye may be swollen for a few days after surgery. The swelling is normal and will go away within a week or so.
- Your incision may feel numb or overly tender for a few weeks after surgery. This is normal and will go away with time.
- Your aneurysm clip will stay in the same place and does not move
- Aneurysm clips do not trigger airport alarms
- Most aneurysm clips are MRI and CT compatible. Make sure you carry your 'aneurysm information card' in your wallet.

## **When should my family or I call the surgeon?**

You should call the surgeon if you experience:

- A severe headache, not relieved with pain medication
- Uncontrolled vomiting
- Weakness on one side of the body
- Changes in level of consciousness (very sleepy)

## **Numbers to call:**

Call Dr. Michael Tymianski: 416-603-5896

If after 5:00 pm or on the weekends:

- Go to the local Emergency Department
- Come to the Toronto Western Hospital Emergency Department
- Call the hospital at 416-340-3155 and ask to speak with the Neurosurgeon on call

## **Follow-up**

- Please see your family doctor within 10-14 days for general follow-up
- Please call Dr. Tymianski's office the next business day at 416-603-5896 for a follow-up appointment