

# Palliative Care Program for Parkinson Disease



UHN

Morton & Gloria Shulman, Movement Disorders Centre

## Information Sheet for Patients and Families

### What is Palliative Care?

Palliative care is a kind of treatment given to you when a cure for your condition is not possible. It is not only end-of-life care.

### What is the Palliative Care Program for Parkinson disease?

The Palliative Care Clinic for Parkinson disease at the Morton & Gloria Shulman, Movement Disorders Centre was developed to help patients with movement disorders and their families to plan for the future and to improve quality of life.

### What can the Palliative Care Clinic for Parkinson disease do for me?

Our team can help you with:

- Symptom control
- Pain control
- Depression
- Confusion or changes in clear thinking
- Planning for the future (e.g., housing, assistance, etc.)

We can also provide referrals to:

- Support programs and resources in the community
- Community Care Access Centre programs (homecare through the Government)
- Hospices
- In-hospital palliative care
- In home palliative care assistance

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**Created: 01/2010**

**Form: D-5635**



Additionally, where available, we can provide referral and work with a palliative care doctor in your community.

### **Who will I see at the clinic?**

Our team consists of:

- a neurologist
- a palliative care physician specialist
- a nurse providing interdisciplinary care
- a research and care coordinator

### **How do I make my first appointment with the Palliative Care Clinic for Parkinson disease?**

Your movement disorders neurologist or nurse will make the referral or you can ask your movement disorders neurologist or nurse for a referral.

**Dr. Janis Miyasaki, MD, MEd, FRCPC**

**Dr. Jacqueline Hui, MD**

**Mrs. Janine Long, RN**

**Ms. Deborah Mancini, MSc**

### **How can I contribute to the clinic?**

Gifts to the Palliative Care Clinic are always appreciated. If you wish to make a donation, please make cheques payable to:

The Movement Disorder Research Fund, Palliative Care Program  
Toronto Western Hospital  
399 Bathurst Street  
McLaughlin Pavilion, 7th Floor  
Toronto, Ontario  
M5T 2S8

Phone: 416-603-6422

**If you have any questions about palliative care or about your appointment, please contact our clinic.**