

The Multidisciplinary Brain Oligometastases Clinic



UHN

What is a multidisciplinary clinic?

- A multidisciplinary clinic is a clinic that has four or more specialized health care professionals that work together as a group to make the best possible treatment plan for you.

Why do I need to visit a multidisciplinary clinic?

- Treatment of brain metastases might need the expertise of many medical doctors that specialize in different areas of medicine including surgery, radiation and medical oncology. At the Brain Oligometastases Clinic, you will be seen at one location at one time to get an opinion about your treatment from a group of doctors that have discussed your specific needs. This allows you to learn about all possible treatment options that are available for you.

Who can come to this clinic and why is it helpful?

- Patients with brain metastases are referred to this clinic by their doctors.
- Before you come to the clinic, a group of doctors will have reviewed your medical chart to learn about your cancer and will have talked about the best treatment options available to you. In this way, you can benefit from the expert opinion of many specialized doctors in choosing the best treatment option for you.

Who will I see?

- The group consists of a Radiation Oncologist, a Neurosurgeon, Neuro-Oncologist, a Nurse and a Radiation Therapist.
- It is important to understand that in order to make this service available, you may be seen by different doctors during your visits to the clinic, through your treatment and follow up. {If you prefer to be seen by a specific doctor, you can tell the clinic staff, and you can be seen by this doctor outside of the multidisciplinary clinic.}

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Where and who will check on me during my treatment?

- Your treatment and response to it are regularly followed in the clinic by the group of specialized doctors. This way, any new problems related to your cancer can be managed and the results of your treatment are evaluated.
- The Brain Oligometastases Clinic is for the treatment and management of brain metastases and you should see your family doctors for any other issues.

Will I be asked to participate in a research study?

You will probably be asked to participate in a research study because the Brain Oligometastases Clinic carries out research. If you are eligible for a study, your doctor will discuss the options with you.

**For appointments please contact:
Dora Inacio at 416-946-6513**