

Understanding Your Prescriptions



Information for Patients of the Lupus Clinic

TWH



What Do I Need to Know?

Prescription medications are very important to your care. You are responsible for taking your medications.

- Read your prescription labels carefully and follow the instructions.
- If you are having any problems with your medication call the doctor who wrote the prescription for advice or you can call the lupus clinic nurse.
- Tell your doctor and nurses about all the medications you are taking (including over-the-counter and alternative medicines) to make sure you do not have any dangerous reactions.
- Review any serious reactions with your doctor. Your doctor will decide if you need to wear a medication I.D. bracelet. The information on the bracelet may save your life.
- Always have a list of your medications and the instructions with you.
- Bring your latest pharmacy printout to all your clinic visits.
- If you are traveling, always carry extra medication and carry your medication with you and not in your checked luggage. If your luggage should go missing you will not miss taking any medication.
- If you are having trouble taking your medications please call the lupus clinic nurse at 416-603-5800 Ext. 2895.

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Important:

- **Do not stop taking a medication without speaking to your doctor or nurse first.**
- **Usually, only a change of the dose is needed.**
- **Stopping certain medications could make you very ill.**

What Is My Doctor's Role?

Your doctor:

- Will give you a prescription after you are assessed for your current condition.
- Prescribes enough medication for you to last you until your next visit.
- Gives you prescription renewals at your clinic visit.
- Will recommend that you see your doctor regularly to make sure that your medical condition is managed well.
- Will not renew prescriptions if you do not keep regular follow-up visits.

What Is the Pharmacist's Role?

The pharmacist:

- Fills and renews prescriptions.
- Teaches you about the medications.
- Can give you some medication until the renewal can be processed, except for narcotics.

How and When Do I Renew My Prescriptions?

It is your responsibility to renew your prescription.

- Always allow enough time to renew your medication so that there is no interruption in therapy.
- Call your pharmacy when you have only 1 to 2 weeks of medication left. Please do not wait until the day before.

- The pharmacy will fax your renewal form to your doctor for approval.
- **If you are renewing a prescription for narcotic medication, you will need a written prescription from the doctor who prescribed it.**

Contact Information

Please ask the pharmacy to use the following phone numbers when renewing your prescription:

Dr. Murray Urowitz

Phone: 416-603-5828

Fax: 416-603-9387

Dr. Dafna Gladman

Tel: 416-603-5723

Fax: 416-603-9387

Dr. Jorge Sanchez-Guerrero

Tel: 416-603-5664

Fax: 416-603-9387

Dr. Carol Landolt

Tel: 416-603-5664

Fax: 416-603-9387

SLE CLINIC

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