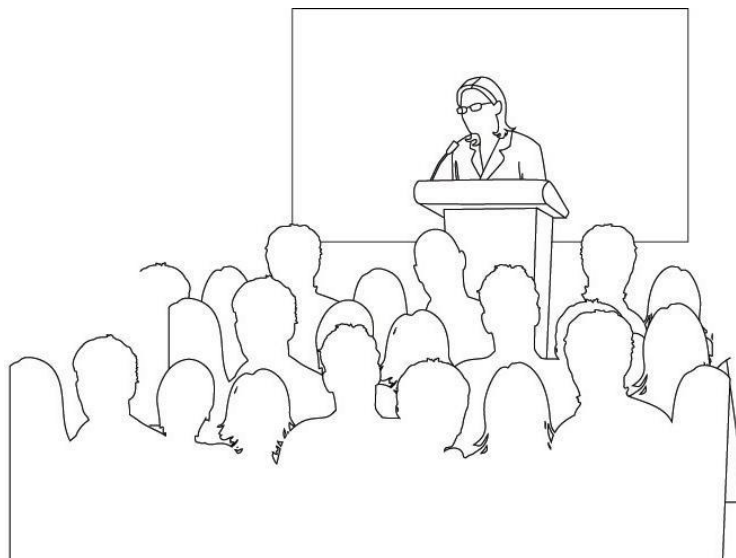




Monthly Health Talk

TWH



What is the Monthly Talk and who should attend?

The monthly health talk is a presentation for patients, families and community members. Each month, a presenter will explain a health topic in language that is easy to understand. These presenters are health care professionals from UHN (for example, doctors, nurses, dietitians, therapists and social workers etc.). The goal is to give you information on how to prevent disease or how to take care of your health issues.

Some examples of topics covered in the Monthly Talks are: Understanding Schizophrenia, Osteoporosis, Men's Health, Arthritis, Depression, Family Health and Diabetes.

- During the 2-hour session, 1 hour will be put aside for the presentation.
- Ask the speaker(s) for more information during the question and answer period in the second hour of the presentation.

This information is to be used for informational purposes only and is not intended as a substitute for professional medical advice, diagnosis or treatment. Please consult your health care provider for advice about a specific medical condition. A single copy of these materials may be reprinted for non-commercial personal use only.

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Created: 03/2008

Form: D-5480




- Pictures and video clips may be used to better explain the topic.
- Handouts are also available for you to take home.


This event is brought to you by the Patient and Family Library and Patient Education at the Toronto Western Hospital (TWH).

At the Monthly Talk

- Refreshments are provided.
- Events will be in a room that is accessible. Please call ahead to confirm.
- The talk will be in English. If you do not speak English, interpretation is provided through the use of Easy Listener (a headset where you can hear an interpreter in your language). Please call ahead to confirm.
- Some of these sessions will be video-conferenced to sites across Ontario at <http://webcast.otn.ca/> Your face and voice may be captured. We assume you agree to this when you attend the session.
- We ask that you please help us improve future sessions by filling out an evaluation form at the end of the session and give it to one of our staff.

Where do I get more information?

 For information about registration, interpretation and future topics, please contact the Community Health Educator at 416.603.5800 x.2661

 For more information on the internet, please go to www.uhnpatienteducation.ca to see a list of upcoming topics and to view previous sessions (videos).

If you have been to one of our sessions and would like more information or would like consumer health information, please go to the TWH Patient Family Library, West Wing, Room 1 - 421 or email twpfl@uhn.on.ca or call 416.603.5800 ext. 6277 or ext. 2220.