

## MONTHLY TALK

A free health talk for patients, families, staff  
and community members of UHN



TWH Patient and Family Library and Department of Bariatric Surgery present:

# Weight Management and Bariatric Surgery

### TOPICS:

- Weight and how it affects your health
- Myths and facts of weight loss methods
- Healthy ways to manage your weight
- When to consider bariatric surgery

After the presentation, there will be a time for the speakers to answer your questions.

### SPEAKERS:

**Dr. Marlene Taube-Schiff**, PhD, C. Psych.  
Clinical Psychologist, Toronto Western Hospital  
**Lorraine Gougeon**, RD  
Dietitian, Bariatric Program



**DATE & TIME:** Friday, May 25, 2012 1:00 – 3:00 pm

**LOCATION:** Toronto Western Hospital  
Auditorium, 2nd floor, West Wing  
399 Bathurst Street (just north of Dundas St. West)

**REGISTER:** Email [sarah.cunningham@uhn.ca](mailto:sarah.cunningham@uhn.ca) or call 416-603-5800 ext. 6475

**Watch it live** (in English) at <http://webcast.otn.ca>

This talk will be presented in English. To arrange for an interpreter, register at least 1 week before the talk.

A light lunch will be provided.

Thanks to Covidien Canada for sponsoring this event.

For reliable consumer health information,  
go to: [www.uhnpatienteducation.ca](http://www.uhnpatienteducation.ca)



University Health Network

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