

# Emergency Resources



UHN

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**The University Health Network does not endorse the organizations listed.**

Housing, Shelter, Detox  
Drug/Alcohol Abuse Resources  
Financial Assistance  
Transportation  
Medications/ID Clinics  
Drop-In Centres  
Dental Services  
Health Services, Walk-in Clinics  
Mental Health Crisis Resources  
Assault/Abuse Crisis Resources  
Abuse/Neglect Investigation

Social Work office:

**Toronto General Hospital**

(416) 340-4800 x 3616

**Toronto Western Hospital**

(416) 603-5800 x 6461

**Princess Margaret Hospital**

(416) 946-2000 x 4525

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## Street Helpline

416-392-3777 or call toll free from any payphone at 1-866-392-3777

Hours: Monday-Sunday 24hrs

**Note:** Provide Info and referral to emergency resources including out of the cold winter shelters. May be able to arrange transportation to a shelter via street patrol van.

## Men's Shelters

**Dixon Hall Schoolhouse** (\$7 night) / 349 George St, 416-960-9240  
(Jarvis St / Gerrard St E)

**Good Shepherd Centre** / 412 Queen St. E, 416-869-3619  
(Parliament St / Queen St E)

**Native Men's Residence** (Na-Me-Res) / 14 Vaughan Rd, 416-652-0334  
(Bathurst St / Vaughan Rd)

**Salvation Army, Gateway** / 107 Jarvis St, 416-368-0324  
(Jarvis St / Queen St E)

**Salvation Army, Hope Shelter** / 167 College St, 416-979-7058  
(University Ave / College St)

**Salvation Army, Maxwell Meighen** / 135 Sherbourne St, 416-366-2733  
(Sherbourne St / Queen St E)

**Scott Mission / 502 Spadina Ave**, 416-923-8872  
(Spadina Ave. / College St.)

**Seaton House / 339 George St**, 416-392-5522  
(Jarvis St / Gerrard St E)

## Family Shelters

**Central Family Intake** (please call this number first): 416-397-5637

**Red Door Family Shelter** / 875 Queen St. E, 416-397-5637  
(Pape Ave / Queen St E)

**Robertson House** / 291 Sherbourne St., 416-392-5662  
(Sherbourne St. / Carlton St.)

**Sojourn House** - (refugees, single and families) / 321 Jarvis St, 416-864-0515  
(Parliament St / Queen St E)

## Youth Shelters

**Covenant House** (Youth 16-24) / 20 Gerrard St. E. 416-593-4849  
(Yonge St / Gerrard St E)

**Eva's Place** (Youth 16-21) / 360 Lesmill Rd, North York 416-441-1414  
(Leslie St / Hwy 401)

**Eva's Satellite** (Youth 16-24) / 5248 Yonge St, North York 416-229-1874  
(Yonge St / Sheppard Ave W)

**Second Base** (Youth 16-22) / 702 Kennedy Rd, Scarborough 416-261-2733  
(Kennedy Rd / Eglinton Ave E)

**Touchstone Youth Centre** (Youth 16-24) / 1076 Pape Ave, East York 416-696-6932  
(Pape Ave / O'Connor Dr)

**Turning Point** (16yrs-over) / 95 Wellesley St. E. 416-925-9250  
(Jarvis St / Wellesley St E)

**YMCA House** (Young Men 16-24) / 485 Queen St. W. 416-504-9700  
(Spadina Ave / Queen St W)

**Youth Without Shelter** (Youth 16-24) / 6 Warrendale Crt., Etobicoke 416-748-0110  
(Kipling Ave / Albion Rd)

## **Women's Shelters**

**Christie Ossington Women's Hostel** / 854 Bloor St. West, 416-534-8941  
(Bloor St. West / Christie)

**Elizabeth Fry Society** / 215 Wellesley St. East, 416-924-3708  
(Sherbourne St. / Wellesley St. East)

**Fred Victor Centre For Women** / 86 Lombard St., 416-368-2642  
(Richmond St. / Jarvis St.)

**Salvation Army, Florence Booth House** / 723 Queen St. W, 416-603-9800  
(Bathurst St / Queen St W)

**St. Vincent de Paul, Mary's Home** / 70 Gerrard St. E, 416-595-1578  
(Church St / Gerrard St E)

**Street Haven at the Crossroads** / 87 Pembroke St, 416-967-6060  
Note: also has drop-in Mon – Fri 12 – 8pm

(Sherbourne St / Dundas St E)

**Women's Residence** / 674 Dundas St. W, 416-392-5500  
(Bathurst St / Dundas St W)

### **Affordable Housing**

**Housing Connections** / 176 Elm St., 416-981-6111  
(University Ave / Elm St W)

## **Boarding/Rooming Houses**

### **Markeen House**

76 Pembroke St., 416-975-5448  
(Jarvis St / Dundas St E)

### **Kennedy Residence**

300 Sherbourne St, 416-922-7674  
(Sherbourne St / Gerrard St E)

**Spadina Houses** / 140 Spadina Rd, 416-395-0952  
(Spadina Rd / Dupont St)

**Brandon House** / 57 Brandon Ave, 416-395-0914  
(Dufferin St / Davenport Rd)

## **Additional Resources**

**Findhelp Information Services** 416-397-4636

Note: 24 hr. service, information, and referral about a wide range of community resources and services

**Foodlink Hotline** 416-392-6655

**Note:** Provide referrals to local food banks and other food programs, open Mon-Fri 9-5

**Lawyer Referral Service** 1-800-268-8326

**Legal Aid Ontario** 416-979-1446

## **I.D. Clinics**

(OHIP, SIN, Birth Certificate, Record of Landing)

**All Saints Church** / 315 Dundas St. E, 416-368-7768, M-F 8am-4pm  
(Sherbourne St / Dundas St E)

**COSTI Settlement Services** / 760 College St, 416-534-7400 by appt. only

**Fred Victor Centre** / 145 Queen St. E, 416-364-8228, M-F 9-5pm (Jarvis St / Queen St E)

**Scott Mission** / 502 Spadina Ave, 416-923-8872

Every Thursday 9:30 – 10:30am

(Spadina Ave / College St)

**Street Health** / To find out where I.D. clinics are being held: 416-925-0043

## **Health Services – No Health Card Required**

**Sherbourne Health Bus** (mobile health service for homeless or marginalized persons) /  
333 Sherbourne St, 416-324-4170

(Sherbourne St / Carlton St)

**Anishnawbe Health Toronto** (First Nations) / 225 Queen St. E, 416-360-0486

(Sherbourne St / Queen St W)

**Parkdale Community Health Centre** / 1229 Queen St. W, 416-537-2455

(Dufferin St / Queen St W)

**Queen West Community Health Centre** / 168 Bathurst St, 416-703-8480

(Bathurst St / Queen St W)

**Regent Park Community Health Centre** / 465 Dundas St. E, 416-364-2261

(Parliament St / Dundas St E)

**Sherbourne Health Centre** / 333 Sherbourne St, 416-324-4180

(Sherbourne St / Carlton St)

**Shout Clinic (homeless/street youth under 25)** / 467 Jarvis St, 416-927-8553

(Jarvis St / Wellesley St E)

**Street Health Community Nursing Foundation** / 338 Dundas St. E, 416-921-8668

(Sherbourne St / Dundas St E)



## **Walk-in Medical Clinics – Health Card Required**

**Bay College Medical and Lockwood Diagnostic / 790 Bay St, 416-929-1900**  
(Bay St / College St)

**The Doctor's Office / 595 Bay St, lower level 416-598-1703**  
(Bay St / Dundas St W)

**Downtown Doctors Walk-in Medical Centre / 344 Bloor St. W, Ste 205,**  
416-929-1530  
(Spadina Rd / Bloor St W)

**Women's College Hospital / 76 Grenville St, main floor,**  
416-323-6400  
(Bay St / College St W)

## **Financial Assistance/Meds**

Pharmacies with no dispensing/user fee if on assistance:

**Dale's Pharmacy / 572 Parliament St, 416-921-5700**

**Shopper's Drug Mart / 351 Queen St. E, 416-368-2121**

**United Drug Mart / 154 Ossington Ave, 416-533-8511**

## **Dental Services**

### **Toronto Public Health Department**

Mon – Fri, 8am – 4pm

**Note:** Free treatment and preventive services for preschool and elementary school children and high school students in English as a second language. Dental treatment and preventive services, including dentures, for seniors 65+ with low incomes

370-340 College St, 416-392-1410

791 Queen St. E, 416-392-6683

**Dental Emergency Services / 1650 Yonge St, 416-485-7121, 8- midnight, fee**

**Toronto Academy of Dentistry / M-F 8:30-4:30pm emergency referral to dentists**  
accepting new patients, some make house calls

**U of T Dental Clinic / M-F 8:30-5:15pm; 30% off regular rates**  
101 Elm St, 416-979-4927

**Regent Park Community Health Centre / 465 Dundas St. E, 3rd Flr, 416-364-7019,**  
emergency dental work person must be living within catchment area and NFA with OW  
assistance

**Shout Clinic / 467 Jarvis St, 416-927-8553**

Mondays & Fridays by appointment only, free dental services by volunteer dentists to  
youths under age 25 who are homeless or street involved.



## **Youth Drop-in Centre**

**Evergreen** / 381 Yonge St, 416-977-7259

M-F 1-5pm, free breakfast 10-11am

**Native Child & Family Services** / 464 Yonge St, 416-969-8510, M-F 9-5pm, Fri. 9-1pm

**Youthlink Inner City** / 7 Vanauley St, 416-703-3361, M-F 9-12pm & 1-4pm,  
Thurs 6:30-9pm

## **Women's Drop-in Centre**

**Fred Victor Women's Drop-In** / 67 Adelaide St. E, 416-392-9292, M-F 10-3pm

**Sistering** / 962 Bloor St W, 416-926-9762,

M. 11:30-3pm, Tues-Fri. 9:30-5pm Wed-Thurs-Sat-Sun 9:30-3pm

**416 Community Support for Women** / 416 Dundas St. E,  
416-928-3334, Mon-Sun 8-4pm

## **Men's Drop-in Centre**

**Good Neighbours Club (age 50+)** / 170 Jarvis St, 416-366-5377, M-F 7-7pm

(Jarvis St. / Queen St E) - July & August 7-3pm

**Good Shepherd Centre** / 412 Queen St. E, 416-869-3619, Daily from 8:45-10:45am  
(Parliament St / Queen St E)

## **Co-ed Drop-in Centre**

**All Saints Community Centre** / 315 Dundas St. E, 416-368-7768, M-F 8-4pm

**Corner Drop-In** / 260 Augusta St, 416-964-8747, M-F 7:30-11:30 am, Sun 8-11:30am

**Council Fire** / 439 Dundas St. E, 416-360-4350, daily 24 hrs

**Evangel Hall** / 573 Queen St. W, 416-504-3563, M-F 9-12:30pm

**Fred Victor Centre** / 145 Queen St. E, 416-364-8228, M-F 2-4pm

**Gateway** / 107 Jarvis St, 416-368-0324, (Mon-Wed-Thurs-Sat-Sun) 1-7pm

**St. Christopher House / Meeting Place** / 588 Queen St. W,  
416-504-4275, M-F 11:30-4pm. Open weekends in winter

**Our Place (mental health referral)** / 2A Elm St, 2nd Flr, 416-598-2919  
Tues-Sat 2:30-10pm

**Scott Mission** / 502 Spadina Ave, 416-923-8872, M-F 8-4 pm closed daily between  
11:30-1:30pm and Wed- afternoons. Closes at 3:00 Thurs & Weekends 8-12pm

**Toronto Christian Resource Centre** / 40 Oak St, 416-363-4234,

M-F 6-2pm Sat-Sun 11-3pm extended winter hrs F-Sun 5pm-9pm,

**519 Church Street Community Centre (LGBT)** 416-392-6874,  
M-F 9-10pm Sat 9-5pm Sun 10-5pm



**University Health Network**  
Toronto General Hospital Toronto Western Hospital Princess Margaret Hospital

## **Abuse/neglect Investigation**

**Advocacy Centre For The Elderly 416-598-2656**

**Catholic Children's Aid 416-395-1500**

**Children's Aid 416-924-4646**

**Jewish Family & Child Service 416-638-7800**

**Public Guardian & Trustee Guardianship - Investigations Unit 416-327-6348/1722**

## **Drug/Alcohol Misuse Resources**

**Drug & Alcohol Infoline 416-595-6111 or 1-800-INFO-ARF (463-6273) multilingual  
CAMH Centre For Addiction & Mental Health (assessment, counselling & referral)  
416-595-6128**

**Toronto Western Hospital 416-603-5774 - (multicultural outpatient addiction aftercare)**

**MAARS (assessment/referral) 416-599-1448**

**DART (treatment registry) 1-800-565-8603**

**COPA (for age 55+) 416-516-2982**

**Alcoholics Anonymous 416-487-5591**

**The Works (needle exchange) 416-392-0520**

**Detox – Medical (Rn, Md On Call)**

**CAMH-Donwood (women & men) / 175 Brentcliffe Rd, 416-535-8501 x6071**

## **Detox – Non-medical (Available 24 Hours)**

**Central Intake (for all detox beds): 1 (866) 366-9513**

**Women's Own (women only) / 892 Dundas St. W, 416-603-1462**

**St. Joseph's Health Centre (co-ed) / 30 The Queensway, 416-530-6000**

**St. Michael's Hospital (men only) / 314 Adelaide St. E, 416-864-5346**

**Toronto East General Hospital (men only) / 985 Danforth Ave, 416-461-2010**

**Toronto Western Hospital (men only) / 16 Ossington St, 416-533-7945**

## **Mental Health Crisis Resources**

**Clarke/CAMH Emergency Dept. / 250 College St, 416-535-8501 x6885**

**Gerstein Crisis Centre: Crisis-line 416-929-5200, M-Sun 24hrs**

## **Assault/abuse Crisis Resources**

**Assaulted Women's Helpline 416-863-0511**

**Distress Centre Crisis Line 416-408-4357**

**Kids' Help Phone 1-800-668-6868**

**Rape Crisis Line 416-597-8808**

**Sexual Assault & Domestic Violence Care Centre: Emergency, Women's College  
Hospital, 76 Grenville St 416-323-6040**

**Toronto Area Gays And Lesbians Phonenumber & Crisis -  
Counselling 416-964-6600**

**Toronto Police Victim Services 416-808-7066**

