

# Liver Biopsy

## What To Do After Your Liver Biopsy



UHN

### What Activities Can I Do?

- Take it easy for the rest of the day.
  - Do not lift anything 5 kg (10 lbs) or more for the next 24 hours
- You have been given medications for the biopsy.
  - You may feel dizzy or drowsy for a few hours
  - DO NOT drink alcohol, drive, or make important decisions for the next 24 hours
- You may shower, but keep a bandage over the biopsy site for the next day.
- You may go to work the next day.
- Do not travel outside of the country or go to remote areas for the next 10 days.

### What Can I Eat?

You can eat what you normally eat.

### Can I Take My Medications?

Yes, you can take your medications as usual.

You must check with the doctor before you take:

- Aspirin (ASA)
- Ibuprofen (Advil)
- Vitamin E
- Blood Thinners (Plavix, Coumadin, Tyclid, Aggrenox, Heparin)

### What About Pain?

- Some people may have pain in the right shoulder or under the ribs.
- This may last for a few days.
- You may take plain Tylenol or extra-strength Tylenol.

### Things to watch for:

- Unusually severe pain near the biopsy site, pain with deep breathing or difficulty breathing.
- Feeling unusually faint or light headed.
- Redness, swelling, or yellow discharge from the biopsy site, especially if you also have fever over 37.5°C (99.5°F).

**If any of these things happen, go to your closest Emergency Department.**

**Remember** your follow-up appointment at the Liver Clinic. This was given to you at the last clinic appointment.

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