

# Addiction Outpatient Service



UHN

## Addictions Program

### Toronto Western Hospital

399 Bathurst Street

Toronto, ON M5T 2S8

East Wing, 9th floor

### Hours

Monday to Friday

8:30 a.m. to 4:30 p.m.

Tel: 416-603-5735

Fax: 416-603-5490

## What we provide

The Addiction Outpatient Service offers help to people who are concerned about their alcohol and substance use. Services include:

- Assessment and Referral
- Individual Therapy
- Group Programs
- Psychiatric Consultation and Treatment

We offer different treatment approaches where clients may explore goals relevant to their substance use, develop other ways of coping and address related issues.

Please visit the UHN Patient Education website for more health information:

[www.uhnpatienteducation.ca](http://www.uhnpatienteducation.ca)

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University Health Network

Toronto General Hospital Toronto Western Hospital Princess Margaret Hospital



## Who we serve

Our services are available to women and men over 18 years of age. Treatment is voluntary, confidential and covered through OHIP.

## Referral Process

Self-referrals and professional referrals are accepted.

**For self-referral** please call the Administrative Assistant at 416-603-5774 to arrange a telephone interview.

**For professional referrals** please call the Administrative Assistant at 416-603-5774 for a Referral Form. Once completed, please fax to 416-603-5490.

Please note that referrals will be considered active only when the client calls the administrative assistant to confirm.

## Access to other UHN Addictions Services

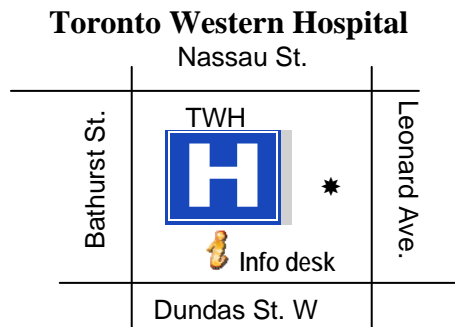
- Acupuncture for Addictions
- Day, Residential and Community Withdrawal Management Services for women
- Residential Withdrawal Management service for men

## What to do when you arrive

Please go to the Community Mental Health and Addictions Program, East Wing, 9th Floor.

Please arrive at least **15 minutes** before your appointment time to register. You must bring your health card and your hospital I.D. card (blue card).

If you do not have a hospital I.D. card, you need to register for one at ADMITTING located on the 1st floor of Toronto Western Hospital.



**\* Take East elevators  
to the 9th floor**

## **How to Find Us**

**By subway:** Exit at Bathurst station on the Bloor line and take the Bathurst streetcar south to Dundas Street West.

**By car from the north:** Take the Don Valley Expressway. Exit at Spadina Avenue and travel northbound to Dundas Street. Turn west and drive until Bathurst Street.

**By car from the south:** Take the Gardiner Expressway, exit on Spadina Avenue and travel northbound to Dundas Street. Turn west and drive until you reach Bathurst Street.

### **Parking**

Parking is available in the Nassau St. lot.