

Asthma and Airway Centre



UHN

**Asthma & Airway Centre
Toronto Western Hospital
399 Bathurst Street
7 Floor East Wing
Toronto, ON
M5T 2S8**

Team Approach

The Asthma & Airway Centre specializes in the diagnosis, treatment and management of asthma and other Respiratory problems. It is staffed by a team of Specialist Physicians, Pulmonary Technologists, Respiratory Therapists, Asthma / COPD Nurse Educators, and Research staff. The Asthma Centre focuses on improving the quality of life by recommending the appropriate treatment, management and education for people with asthma and other lung disorders.

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Education Program

Education is an important part in the management of asthma and other Lung Conditions. This program focuses on improving your knowledge, skills and confidence so you can become effective partners in managing your breathing problems. Education sessions are available for:

- a. Patients attending the Asthma & Airway Centre
- b. Direct referrals from family physicians to a Certified asthma /COPD educator for those needing asthma or COPD education
- c. Referrals for smoking cessation

What does the Asthma & COPD (Chronic Obstructive Lung Disease) program include?

Individual and family counselling sessions with the focus on:

- Managing breathing problems
- Understand the rationale for medication and how to use your inhalers properly
- Improving your quality of life

You will be given educational materials to help you understand and manage your condition. The Centre is also a teaching resource to other health care providers. You can visit our website: <http://www.asthmacentre.com/>

Where is the Asthma & Airway Centre?

The Asthma & Airway Centre is an Ambulatory Care Service located in the Toronto Western Hospital. It is in a convenient downtown location with easy access by private or public transport. Parking is available at the hospital, but it is cheaper to park in nearby municipal parking lots. We welcome you to the Asthma Centre.

Who comes to the Asthma & Airway Centre?

Your doctor may refer you for identifying the cause of your breathing problem, or advice regarding your management and education. It is important to work with your family physician so that continuous care can be provided to you.

What services are available?

The following services are available

- The Asthma Clinics
- Occupational Asthma Clinic
- Allergy Clinics
- COPD and other Lung conditions
- Education
- Smoking Cessation counselling
- Pulmonary Rehabilitation clinic
- The Pulmonary Function Laboratory
- Research

What are the office hours?

The Asthma Centre is open daily Monday to Friday from 8am to 4pm. However, clinic days and times vary according to which clinic you are attending. For more information, please call 416-603-5504.

Appointment & Cancellation Policy:

Appointments will be scheduled for you to see the Specialist or for other tests necessary to help in the diagnosis and management of your condition. If you are unable to keep your appointment please notify the office at least 24 hours in advance. We thank you for your cooperation and please do not forget to reschedule your appointment.

Useful advice:

- Bring your Health card and Hospital card
- All patients must be registered and have a Hospital card
- If you do not speak English, please ask us to book an interpreter for you or please bring someone with you who can help.
- Bring all the medications you are taking presently.
- Know the names of your **medications**, what they are for, when and how to **take them**.
- Discuss with your doctor any concerns or problems you may have.
- Dispensing fee at pharmacies can vary, shop around and buy larger supplies of regularly prescribed medication to save on costs.
- Ask about the Trillium Drug Program.

How can I get more information about the Asthma & Airway Centre?

You may contact the doctor's offices directly as listed.

Or visit the website: www.asthmacentre.com for more information.

How can I book an appointment?

Talk to your doctor. Referrals can be faxed directly to the Physicians' offices. If you have any questions, please call for more information.

Physicians and Staff

Dr. K.R. Chapman MD.	Tel: 416-603-5499	Fax: 416-603-3456
Dr. S. Tarlo MB, BS	Tel: 416-603-5177	Fax: 416-603-6763
Dr. N. Zamel MD	Tel: 416-603-5767	Fax: 416-603-5375
Dr. S. Wasserman MD	Tel: 416-603-5767	Fax: 416-603-5375
Dr. M. Stanbrook MD	Tel: 416-603-5767	Fax: 416-603-5375
Dr. T. Marras MD	Tel: 416-603-5767	Fax: 416-603-5375

K. Khan RN, CAE., Nurse Clinician / Educator
416-603-5504 / Fax: 416-603-3456

Meeran Manji RN, Pulmonary Rehabilitation Clinic
416-603-6463 / Fax: 416-603-5854

Emilio Perri RRT, BSc, RCPT(p), 416-603-5666
Pulmonary Function Lab -Fax: 416-603-6215