Finding a Family Doctor

Information for patients and families in our UHN Emergency Departments

Why it is important to have a family doctor and how to find one.
What is a family doctor?
Family doctors diagnose and treat many symptoms in all areas of medicine. A family doctor is the first person you should turn to for medical questions, regular check-ups and coordinating your care.

Why do I need a family doctor?

• Family doctors help you navigate the rest of the health care system and provide you with continuous care.
• Family doctors get to know your and your family’s medical history.
• Family doctors can refer to you to a specialist if you need special care.

How do I find a family doctor?

Option 1: Health Care Connect

Phone: 1 800 445 1822


• This service helps you find a family doctor in your community.
• They can serve you in your language.
• You may register by phone or online.

Option 2: All Doctors Search – College of Physicians and Surgeons of Ontario

www.cpso.on.ca/Public-Register/All-Doctors-Search

• You may search for family doctors by location, gender and language. Then call offices to ask if they are accepting new patients.

Option 3: Family Health Team
For a list of family health teams in Ontario:


• If you live in the area of a family health team, you may be able to enroll with a family doctor.
• If you would like to enroll with a family health team, please call their offices directly or ask your hospital care provider if they can refer you.
What is a Community Health Centre (CHC)?

CHCs provide care to fit the needs of many different people. Some offer family doctors to people without OHIP, while others provide culturally sensitive care or services in different languages.

Access Alliance

♀️ http://accessalliance.ca/contact
② Phone: 416 324 8677

Provides care by family doctors, and health and social services to immigrants, refugees and newcomers of all ages who live in Toronto.

Anishnawbe Health Toronto

♀️ www.aht.ca/contact-aht
② Phone: 416 360 0486

Provides health and social services including traditional healers, elders and medicine people for the Aboriginal community.

Central Toronto Community Health Centre

♀️ www.ctchc.com
② Phone: ② 416 703 8480

Provides care by family doctors to the communities of Queen West using traditional and alternative approaches to health care.

Centre Francophone de Toronto

♀️ www.centrefranco.org
② Phone: 416 922 2672

Provides care by family doctors, mental health counselling, and early childhood services for Toronto’s Francophone community.

Inner City Health Associates

♀️ www.icha-toronto.ca/content/contact-us
② Phone: 416 864 6060 ext 6487

Provide services to homeless in Toronto including family medicine, psychiatry and internal medicine.
Planned Parenthood Toronto

馀www.ppt.on.ca
馀Phone: 416 961 0113

Provides health and social services to youth between 13 and 29 years old including sexual, reproductive and mental health.

Women's Health In Women's Hands

馀http://www.whiwh.com
馀Phone: 416 593 7655

Provides care by family doctors and prenatal care to meet the health and wellness needs of women with diverse backgrounds.