DAILY TEMPERATURE LOG

Date & Time	Temperature	Comments

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Instructions:

- Take your temperature by mouth twice daily (morning and evening) for the first 3 months after your transplant. Take your temperature more often if you are not feeling well.
- **A temperature above 37.5°C or 99.5°F is considered to be a fever.** A fever may be an important warning sign of a problem such as infection or rejection. If you have a fever you should seek medical attention as soon as possible.

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