

Ultrasound for Pain Medicine Workshop

Official Satellite Symposium
13th World Congress on Pain



Hotel Montreal Bonaventure
900 de La Gauchetiere W., Montreal, Quebec, Canada H5A 1E4

Ultrasound for Pain Medicine Workshop Satellite Symposium-Member-initiated

This is a 2-day intensive ultrasound workshop offered to physicians who wish to learn ultrasound guided nerve block procedures for chronic pain management. At the end of this introductory course, participants would have acquired a thorough knowledge of ultrasound imaging and needling techniques for chronic block procedures.

Dates: Friday and Saturday, August 27-28, 2010

Location: Hilton Bonaventure Hotel,
900 de La Gauchetiere West
Montreal, Quebec

Prerequisite: Prior experience with some basic chronic pain block procedures and ultrasound-guided technical skills is recommended. For participants with none to minimal experience with ultrasound-guided injection, registration in the basic hands-on training session at the end of day 1 is strongly recommended.

CME Credit: This event is approved for up to **13.25** credits by the Centre for Continuing Health Professional Education (CCHPE). The Centre for CCHPE, Faculty of Medicine, McGill University is fully accredited by the Committee on Accreditation of Canadian Medical Schools (CACMS), and through the CACMS is accredited to award AMA PRA category 1 credits.

This program meets the accreditation criteria of the College of Family Physicians of Canada for MAINPRO-M1 credits. Members of the American Academy of Family Physicians are eligible to receive credit hours for attendance at this meeting due to a reciprocal agreement with the College of Family Physicians of Canada.

This event is an accredited group learning activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada.

Through a reciprocal agreement, The Centre for CCHPE, Faculty of Medicine, McGill University designates this activity for AMA Physicians Recognition Award, Category 1 credit up to the maximum number of credit hours noted above.

Each physician should claim only those hours of credit that he/she actually spent at the educational activity.

Course Description: The course will cover a number of selected nerve block procedures for chronic pain management involving neuraxial, peripheral nerve and soft tissue structures.

Organizing Committee: Philip Peng (Course Director), Barry Nicholls (Course Director), Edward Robinson, Roderick Finlayson

They are:

1. Ilioinguinal, iliohypogastric nerve injection
2. Intercostal nerve block
3. Suprascapular nerve injection
4. Piriformis muscle injection and pudendal nerve injection
5. Lateral femoral cutaneous nerve block
6. Cervical sympathetic (stellate ganglion) block
7. Occipital nerve block
8. Sacroiliac joint injection
9. Lumbosacral and caudal spine imaging and injection
10. Shoulder, hip and knee injections

Goals and Objectives

- To discuss the basic knowledge of applying ultrasound machine in the guidance of interventional procedure
- To describe the basic anatomy and sonoanatomy relevant to the performance of selected list of chronic pain block
- To learn a selected list of the ultrasound-guided techniques for performing chronic pain blocks

Ultrasound for Pain Medicine Workshop (Aug 27-28, 2010)

Day 1

7:00	Registration and breakfast
7:45	Welcome Address– <i>Dr. Philip Peng</i>
8:00	Basic techniques for Ultrasound-guided injection - <i>Dr. Vincent Chan</i>
	Interactive Lecture Series with Live Model Demonstration
8:30	Greater Occipital and Lateral Femoral Cutaneous Nerve – <i>Dr. Bernhard Moriggl</i>
9:00	Stellate ganglion– <i>Dr. Samer Narouze</i>
9:30	Suprascapular and Intercostal Nerve – <i>Dr. Barry Nicholls</i>
10:00	Question & Answer
10:30	Break
11:00	Ilioinguinal/Iliohypogastric Nerve - <i>Dr. Dominic Harmon</i>
11:30	Piriformis muscle/Pudendal Nerve – <i>Dr. Philip Peng</i>
12:00	Question & Answer
12:15	Lunch
1:15	Lumbar medial branch/facet joint block – <i>Dr. Urs Eichenberger</i>
1:45	Caudal and Sacroiliac joint injection - <i>Dr. Michael Gofeld</i>
2:15	Question & Answer
2:30	Break
3:00	Shoulder joints and bursa injection - <i>Dr. Cesare Romagnoli</i>
3:30	Hip and knee injection – <i>Dr. Peter Cheng</i>
4:00	Question & Answer
4:15	Hands-on session – <i>Drs. Anuj Bhatia and Geoff Bellingham</i>
5:15	Adjournment
6:30	Gala Dinner – boat cruise on St. Lawrence

Day 2

7:30	Breakfast with Faculty
8:15	Welcome Address – <i>Dr. Barry Nicholls</i>
	Hands on Practice
8:30	Stations 1-6 (scanning live model and needling phantoms)
9:30	Stations 1-6 (scanning live model and needling phantoms)
10:30	Break
11:00	Stations 1-6 (scanning live model and needling phantoms)
12:00	Lunch
1:00	Stations 1-6 (scanning live model and needling phantoms)
2:00	Break
2:30	Stations 1-6 (scanning live model and needling phantoms)
3:30	Stations 1-6 (scanning live model and needling phantoms)
4:30	Adjournment

Station	Nerve block	Faculty
1	Suprascapular Nerve, Piriformis Muscle/Pudendal Nerve	Tumber/Nicholls, Peng
2	Lat. Femoral Cutaneous N, Ilioinguinal/iliohypogastric Nerve	Chan, Harmon
3	Cervical sympathetic block, Intercostal Nerve block	Narouze, Finlayson
4	Musculoskeletal	Cheng, Romagnoli
5	Lumber Facet Block, SI Joint	Eichenberger, Krol
5.1	Phantom Station for spine injections	Bhatia, Bellingham
6	Occipital Nerve, and Caudal injection	Moriggl, Gofeld

Faculty

Dr. Philip Peng (Course Director), Department of Anesthesia, University of Toronto, Toronto, ON Canada

Dr. Barry Nicholls (Course Director), Taunton and Somerset NHS Trust, Musgrove Park Hospital, Taunton, Somerset, UK

Dr. Geoff Bellingham, Department of Anesthesia, University of Western Ontario, London, ON

Dr. Anuj Bhatia, Department of Anesthesia, University of Toronto, Toronto, ON Canada

Dr. Vincent Chan, Department of Anesthesia, University of Toronto, Toronto, ON Canada

Dr. Peter Cheng, Kaiser Permanente, Riverside, California, USA

Dr. Urs Eichenberger, Division of Pain Therapy, Department of Anesthesiology, University Hospital of Bern, Inselspital, Switzerland

Dr. Roderick Finlayson, Department of Anesthesia, McGill University, Montreal, QC

Dr. Michael Gofeld, Department of Anesthesiology and Pain Medicine, University of Washington, Seattle, WA

Dr. Dominic Harmon, Department of Anesthesia and Pain Medicine, Mid-Western Regional Hospital, Dooradoyle, Limerick, Ireland

Dr. Andrezej Krol, Department of Anesthesia, St. George's Hospital, London, UK

Dr. Bernhard Moriggl, Department of Anatomy, Histology and Embryology, Innsbruck Medical University, Innsbruck, AUSTRIA

Dr. Samer Narouze, Department of Anesthesia, Cleveland Clinic, Cleveland, OH, USA

Dr. Cesare Romagnoli, Radiologist, University of Western Ontario, London, ON

Dr. Paul Tumber, Department of Anesthesia, University of Toronto, Toronto, ON Canada

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Registration Page

Name & Title _____

Address _____

Tel _____ Fax _____

E-mail: _____

Registration Fees (limited to 84 participants):

Meeting Fee for August 27-28, 2010 meeting [] \$850.00 CAD

Meeting Fee for August 27, 2010 (optional) session [] \$50.00 CAD

Dinner Event, August 27 – Boat Cruise: [] \$150.00 CAD

Need transportation to the boat cruise [] Yes [] No

TOTAL Enclosed \$ _____ CAD

Registration online at:

http://www.uhn.ca/Clinics_&_Services/services/anesthesia_twh/conferences/index.asp

Cancellation Policy: Full refund less \$100.00 administration costs.

Travel to Montreal

Air: Fly to Pierre Elliott Trudeau International Airport and take a taxi from the airport to the hotel.

L'Aérobis shuttle service to and from airport

L'Aérobis, operated by Groupe La Québécoise, provides an efficient connection by motor bus between Montréal-Trudeau airport and downtown Montréal. L'Aérobis stops at the Montréal Central Bus Station located at 505 de Maisonneuve Blvd. E. A minibis service at no additional charge is also available from the Montréal Central Bus Station to several major downtown hotels (reservation and information: 514-631-1856).

Schedule: Departures are 24 hours a day. For the detailed schedule, visit

http://www.autobus.qc.ca/anglais/horaire_an.html

Travel time: Plan approximately 45 minutes.

Ticket office: Tickets on sale at the Montréal Central Bus Station and at Montréal-Trudeau (arrivals level). **Information:** La Québécoise **(514) 842-2281**.

Hotel:

A block of rooms has been reserved at Hilton Montreal Bonaventure, 900 de La Gauchetiere West, Montreal, Quebec, Canada at the conference rate of **\$185.00** single or double. To book a room, call the Hilton Hotel at **514-878-2332** or **toll free 1-800-267-2575** and mention that you are attending the **Ultrasound Satellite Symposium** meeting when making your booking. The cut-off date for booking is **July 2, 2010**. After this date, there is no guarantee that a room will be available at the conference rate.

Dinner Event:

Friday, August 27, 6:30 pm – We invite you to join us on the Le Bateau Mouche Boat Cruise on the St. Lawrence River. The cost is **\$150 per person** and includes a 7-course meal and bus transportation to and from Hilton Hotel to the boat landing and a lovely ride on the St. Lawrence River. Sign up on the registration page. Limited to 80 people so sign up early!