



DIABETES, METABOLIC SYNDROME AND MENTAL ILLNESS: AN UPDATE FOR MENTAL HEALTH PROFESSIONALS

Wednesday, June 4, 2008

This program provides an overview of the interaction of metabolism with mental illness and its treatment. It is offered by the Department of Psychiatry, University Health Network (UHN) and will include didactic sessions and interactive small group workshops with experts in the area.

COURSE DIRECTOR:

- ◆ Rima Styra, MD, MEd, FRCP(C)
- ◆ Rene Wong, MD, FRCP(C)

PLANNING COMMITTEE:

- ◆ Susan Abbey, MD, FRCP(C)
- ◆ Harold Grossman, MD, FRCP(C)
- ◆ Jan Lackstrom, MSW, RSW
- ◆ Roger McIntyre, MD, FRCP(C)
- ◆ Paul Sandor, MD, FRCP(C)

LEARNING OBJECTIVES:

- ◆ Review common clinical metabolic issues faced in psychiatric practice.
- ◆ Update the current understanding of risk factors for metabolic disturbances.
- ◆ Introduce a framework for monitoring metabolic disturbances.
- ◆ Offer strategies for patient care.
- ◆ Provide an understanding of education and intervention strategies for patients.

COURSE LOCATION:

University Health Network
 Toronto General Hospital
 200 Elizabeth Street,
 1st Floor, Eaton Wing North,
 Rooms 429 & 430 (Located inside the
 Entrance to the Health Sciences Library)

To enhance learning, the course participation is limited to 65 registrants.

COURSE AGENDA

WEDNESDAY, JUNE 4, 2008

08:25 - 08:45	Registration
08:45 - 08:55	Introduction
08:55 - 09:25	<i>I Think I Learned That in School! Diabetes for the Non-Internist</i> Dr. Rene Wong , Staff Endocrinologist, University Health Network, Division of Endocrinology, Lecturer, University of Toronto
09:25 - 09:35	Question & Answer Period
09:35 - 10:05	<i>Strategies for Managing Metabolic Disturbances in Patients Treated on Antipsychotic Medications</i> Dr. Tony Cohn , Director, Mental Health and Metabolism Clinic, Staff Psychiatrist, Centre for Addiction & Mental Health, Assistant Professor, Psychiatry and Nutritional Sciences, Faculty of Medicine, University of Toronto
10:05 - 10:15	Question & Answer Period
10:15 - 10:30	Refreshment Break
10:30 - 11:15	Workshop 1
11:15 - 12:00	Workshop 2
12:00 - 12:20	<i>Chronic Disease Management</i> Dr. Catherine Zahn , Vice President, University Health Network
12:20 - 12:30	Question & Answer Period
12:30	Course Evaluation

To ensure an optimal educational opportunity, workshops are limited to 13 participants. Enrollment is on a first-come-first-served basis. Please choose 5 workshops in order of preference and you will be assigned to 2 of your preferences. (See registration form for choices and selection instructions).

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COURSE REGISTRATION FORM

Last Name (Please Print Clearly)	Initial	First Name
Title / Degree(s)		Company/Institution
Mailing Address		
Street	Suite	
City	Province	Postal Code
Telephone Contact #	Fax	Email

WORKSHOP CHOICES & SELECTION

Please choose 5 workshops in order of preference and you will be assigned to 2 of your preferences. Enrolment is on a first-come-first-served basis. Workshops are 45 minutes and are presented twice – first from 10:30am to 11:15am and then again from 11:15am to 12:00pm.

WORKSHOP	WORKSHOP TITLE	PRESENTER(S)	RATE PREFERENCE (1 TO 5)
A	Integrating Physical Activity Into Mental Health Services: Rationale and Strategies for Intervention	Dr. Guy Faulkner	
B	Depression and Metabolic Syndrome II	Dr. Roger McIntyre	
C	Metabolic Syndrome: The New Challenge in Psychiatry	Dr. Gary F. Lewis Dr. Chekkera Shammi	
D	Helping Patients Understand and Cope with Diabetes	Diabetes Education Centre	
E	Clinical Care of the Comorbidly Ill Patient	Dr. Catherine Kelly	

REGISTRATION INFORMATION & FEES

Registration Fee: (Full payment must accompany registration form)

◆ Psychiatrist — \$65.00 / Allied Health Professionals/Residents — \$40.00

For Information/Registration Contact:

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METHOD OF PAYMENT

- Cheque payable to the University Health Network
- Money Order payable to the University Health Network

