

## Policies of Program

**Hours of Work:** You will work the same hours as your preceptor, generally 37.5 hours per week. You may be required to work longer days, weekends and early or evening shifts, if necessitated by the learning activities. You will be expected to spend personal time in completing readings, assignments, research, projects, etc.

**Vacation:** Interns are entitled to three weeks vacation including statutory holidays.

**Sick Time:** The schedule will be adjusted, and may be extended, if illness prevents you from completing learning activities and achieving the required competencies.

**Dress Code:** You will wear professional clothes in keeping with the UHN dress-code policy. A lab coat will be provided to use, as needed. The UHN photo identification card provided must be worn at all times on hospital premises.

**UHN Code of Conduct:** Interns will be held to the UHN Code of Conduct upon acceptance into the program.

## General Information

- Six to eleven interns are accepted annually to begin the internship in October
- Dietetic interns do not receive a stipend.
- There is a tuition fee payable when the internship begins.
- Interns are required to be a qualifying member of Dietitians of Canada (DC), and to purchase DC professional liability insurance and DC accident insurance.

## For Further Information

Sandy Rothberg, MEd, RD  
Coordinator, Dietetic Internship and Education  
University Health Network  
200 Elizabeth Street  
Eaton Building, EC 4-300A  
Toronto, ON M5G 2C4  
Phone: 416-340-4800 x3813 Fax: 416-340-3279  
Email: [sandy.rothberg@uhn.on.ca](mailto:sandy.rothberg@uhn.on.ca)  
[http://www.uhn.ca/Careers\\_at\\_UHN/careers\\_at\\_uhn/profiles/allied\\_health/clinical\\_nutrition.asp](http://www.uhn.ca/Careers_at_UHN/careers_at_uhn/profiles/allied_health/clinical_nutrition.asp)

# University Health Network

## Dietetic Internship Program

University Health Network offers an exciting, exemplary, challenging, and comprehensive dietetic internship program.

This invaluable internship provides extensive experiences in patient care, nutrition services management, population health and health promotion, and research. Our three diverse hospital sites – Toronto General Hospital, Toronto Western Hospital and Princess Margaret Hospital – operate in the multicultural setting of downtown Toronto. Our large acute-care teaching hospital network concentrates activities within the following programs: Krembil Neuroscience Program, Medical and Community Care, Musculoskeletal Health and Arthritis, Peter Munk Cardiac Centre, PMH Cancer Program, Surgical and Critical Care, and Transplantation.

Come join our team to learn advanced nutrition patient care and complex food systems. You will enjoy an education and learning experience that will provide a strong foundation for you in the field of dietetics!



University Health Network

Toronto General Hospital Toronto Western Hospital Princess Margaret Hospital

## 44-week Program Outline

**Orientation to Internship** **1 week**

**Management** **8 weeks**

These rotations provide opportunities to learn about team building, coaching, labour relations, financial and quality management, and customer service. UHN Nutrition Services Management involves patient food service (including centralized cold assembly, rethermalization) and catering. External Management involves four weeks spent in an external rotation such as a food company or long-term care facility.

**Patient Care** **16 weeks**

Inpatient and ambulatory learning experiences in areas such as general medicine, surgery, endocrine, cardiology, nephrology, transplant, eating disorders, neurology and oncology facilitate the development of skills required to provide patient-centred nutrition care.

**Population Health and Health Promotion** **4 weeks**

A rotation in an external community setting offers learning activities related to health promotion and population health.

**Evidence-Based Research** **4 weeks**

In partnership with intern peers and a research committee, interns plan, implement and evaluate a practice-based research project. This project will require personal time in addition to the assigned four weeks.

**Professional Development** **Ongoing**

Ontario Core Lectures are provided on nutrition and professional issues. Each week half to one day is dedicated to education activities such as problem-based learning, lectures and seminars.

**Clinical Nutrition Management Project** **4 weeks**

Time will be scheduled to work on a project designed to utilize management skills and involving all the interns. This project will require personal time in addition to the assigned four weeks.

**Vacation** **3 weeks including stats**

**Staff Relief** **4 weeks**

## Internship Selection Procedure

### **Education**

You must have a Bachelor's Degree from a Dietitians of Canada (DC) accredited university food/nutrition program or equivalent. You must have achieved at least a 70% average in professional courses, as well as in your third and fourth years.

### **Skills and Experience**

We look for applicants who have demonstrated qualities of self-direction, self-confidence, and motivation as well as skills in leadership, communication, and problem analysis through academic achievement, related work and volunteer experience. Experience in both food service and clinical nutrition is an asset.

### **Language and Residency**

Proficiency in the English language is required. The program is open to all residents of Canada. Canadian citizens and permanent residents have priority over visa students as per employment and immigration policies. Car helpful (not required).

### **Application Procedures**

As per application package and procedures from Dietitians of Canada, you must submit by **February 1st**:

1. DC internship application forms.
2. Letter of application in which you state your reason for choosing the dietetic profession, professional goals, your reason for applying to University Health Network internship program, your relevant activities demonstrating skills and experiences, and your identified areas for improvements with corresponding action plans for addressing them. (Maximum two pages, size 11 font)
3. Résumé.
4. Official sealed university transcript(s).
5. Three sealed confidential reports from professors and employers. It is recommended that a registered dietitian prepare at least one of the three reports. Do not use a relative as a reference.
6. Confirmation of completion of academic concentration from University Course Director.

Qualified candidates will be interviewed in person or by telephone. The interview consists of oral and written questions. Candidates matched to the University Health Network will be accepted on the condition that a minimum 70% average is achieved upon graduation from University.